

Baby travel checklist

By baby checklist

- Priority items**
 - Car seat** You will need one of these for the car or the airplane.
 - Baby food and drink** Enough for an entire day in case you experience delays.
 - Diapers** Plan to use one for each hour in transit, plus pack a few extra.
 - Baby Wipes** Bring enough for any contingency.
 - Diaper bag** Preferably pack one with a waterproof lining and a shoulder strap.
 - Baby clothes** Bring one change for the trip and plan to pack for two changes each day thereafter. Include a hat for sun protection.
 - First aid kit** Enough to deal with minor medical problems. Include an emergency sheet with the names and phone numbers of your pediatrician, including your baby's health information and any medications.
 - Pacifiers** If your baby uses them, be sure to bring extras.
 - Plastic bags** Bring all sizes for dirty diapers or soiled clothing.
- More things to pack**
 - Bibs** Disposables for the trip and several washables for when you arrive.
 - Baby blankets** If you are nursing, bring one to cover yourself, and others to cover the baby and other surfaces.
 - Changing pads** Buy disposables.
 - Disposable spoons** For feeding baby food.
 - Extra shirt for mom** In case of an accident, having an extra will prevent embarrassment.
 - Hand sanitizer gel** Use to wash your hands, your baby and even as a baby lotion.
 - Tissues** You can never have enough of these.
 - Snacks for you** Keep your energy up with a nutritional power bar and plenty of water to keep hydrated.
- Other items for your stay**
 - Baby bath tub** An inflatable one makes bath time easier.
 - Collapsible stroller** You can check it at the gate or store in an overhead unit in the plane.
 - Baby Sling or baby carrier** One of these keeps your baby safe and your movements easier.
 - Portable crib or play-yard** Either of these creates an instant child safe area whenever needed.
 - Camera** Bring extra batteries to be sure that you do not miss any Kodak moments.
 - Nightlight** One of these makes your room just like home.

- Reading light** A clip on light allows you to read without disturbing your baby.
- Sunscreen** For baby and yourself.