

# Clutter Control Checklist

By Nicole Nichols-West

- Living Room
  - Before going to bed, do a quick sweep-through, straightening up whatever looks out of place.
  - Collect newspapers for recycling.
  - Place remote controls in a designated location.
  - Use baskets for organizing papers, magazines, and television guides.
  - Introduce the rule: whoever carries something into the room also carries it out.
- Bedroom
  - Use the space under the bed for storage
  - Periodically toss out five items from your nightstand, dresser or closet.
- Bathroom
  - Stash several plastic bags in the bottom of the wastebasket.
  - Keep a package of baby wipes and paper towels to quickly clean the mirror and sink.
  - Toss out five items from the medicine cabinet like outdated medications or old lipstick.
- Kitchen
  - Clean as you go.
  - If something spills on the floor, mop it up at once.
  - Used plates and glasses go into the dishwasher.
  - Clear off the counters, putting items into cabinets where they belong.
- Garage
  - Organize everything by function.
  - Use hanging racks and shelves to put things in order.
  - Keep garbage cans, lawn mowers and snowblowers in the same place.