

Holiday Checklist

By Bianca Hendriks

- Paperwork and money
 - Passport, drivers licence, visas
 - Scan passport and send copy to your own e-mail inbox (very helpful if passport gets stolen)
 - Address book and emergency numbers and contact details
 - Travel tickets, directions, hotel contact details
 - Cash and foreign currency
 - Travellers cheques
 - Credit card, debit card, ATM card
 - Map and guide book
- Travel kit
 - Swiss army knife
 - Suitcase, luggage ID tags, luggage locks
 - Travel alarm clock
 - Camera, batteries, film or memory card - keep in carry-on baggage
 - Mini sewing kit, scissors - keep in checked baggage
 - Laundry bag, Ziploc plastic bags, soap packets, travel iron
 - Notebook and pen
 - Travel first aid kit (including Immodium, salt tablets, plasters, motion sickness pills)
 - Book, magazine, playing cards, games, walkman/mp3 player
 - Sleeping bag, pillow, earplugs
 - Laptop, power plug adapters, modem plug adapter
 - Torch, batteries
 - Binoculars
 - Keys, phone, phone charger, watch, wallet, purse, handbag
 - Mosquito net and repellent (if travelling to areas with high risk)
- Clothing
 - When it comes to clothing, your destination plays a large part in what you need to pack, but here is a basic guideline:
 - Socks, underwear

- Trousers, skirts, shorts
- Shirts, blouses, t-shirts
- Swimming costume, sun hat, sunglasses
- Jacket, raincoat
- Sensible shoes
- Pyjamas
- Smart clothes
- Toiletries
 - We've all accidentally left some of them at home before which can be inconvenient and costly!
 - Comb, brush
 - Shaver, razor, shaving cream
 - Aftershave, perfume
 - Toothbrush, toothpaste, dental floss, mouthwash, lipbalm
 - Deodorant
 - Cotton buds
 - Soap, shampoo, towelettes
 - Sunscreen, after-sun lotion
 - Glasses, contact lenses, contact lens solution
 - And lastly don't forget any prescription medicines and the prescription if you require needles.